

STEPS to Food Safety



Follow these critical steps when handling food in the office to ensure safety and decrease risk of contracting a foodborne illness.





CLEAN

Keep the kitchen clean by wiping messes on surface and washing hands properly before and after handling food.



2

BE AWARE

Bacteria grows quickly in foods like meat and poultry. Keep these foods away from others, such as bread and vegetables.



3

THE 2 HOUR RULE

Food should never be left out, unrefrigerated, for more than 2 hours or 1 hour if it is 90 degrees or hotter. If this occurs, throw it out - it is no longer safe to consume.

